Nurse Practitioner-Led Newborn Circumcision Clinic: A Safe and Cost Effective Practice

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Boston Children's Hospital Until every child is well"



Methods

- Nurse Practitioner (NP)-Led Newborn Circumcision Clinic (NCC) developed in 2016
- Mixed method approach to describe the NCC
 - 234 patients
 - Survey to assess family satisfaction
 - Charge comparison of circumcision in the OR and NCC
 - Single center retrospective chart review





Results

- Overall quality of care: 4.51/5
- OR v. NCC: savings of 92.9%
- Decreased number of operative cases





Results

- No major complications
- 12 patients (5.1%) experienced minor bleeding events
- 16 patients (6.8%) had adhesions
- 2 (0.9%) required circumcision revision





Conclusions

- High patient satisfaction
- Cost benefits
- Improves access to care
- Safe and quality patient outcomes



